

Course Overview

Emergency First Aid at Work

Designed for:

Staff who require basic knowledge of First Aid, Ideal for lunchtime supervisors and TA's.

Pre-Requisites

None Required

Duration of course:

6 Hours – Usually over 1 day.

Aims and Objectives:

At the end of the session delegates will be able to competently deliver first aid to the standard required.

Course Content:

What to do in an emergency
Cardio-pulmonary resuscitation
First Aid for the unconscious casualty
First Aid for the wounded or bleeding

Qualification:

Delegates will receive a qualsafe award in Emergency First Aid and Reference Manual. The award will be valid for 3 years.