

#### **Course Overview**

# **Defibrillator Training**

#### **Designed for:**

This course is suitable for any person who may be required to deliver CPR in the event of a Cardiac Arrest

## **Pre-Requisites**

None – Though knowledge of First Aid desirable

#### **Duration of course:**

1 Hour (depending on numbers)

### **Aims and Objectives:**

At the end of the session delegates will be able to competently use the Defibrillator and continue CPR until arrival of emergency services.

## **Course Content:**

- Difference between Heart attack and Cardiac Arrest
- > Signs of life
- CPR & Defibrillator
- > Calling the Emergency Services

#### **Qualification:**

Delegates will receive an attendance certificate.